

Recognise the Signs

When you are talking to a person and the following things happen, it is very likely that person has a hearing impairment:

- You are asked to repeat yourself
- The person cups his or her ear to you
- The person seems puzzled at what you are saying
- They are slow to respond - this is because they are reconstructing your sentence from key words
- You are asked to speak a little slower
- They repeat what you say, not always correctly
- Their reply makes no sense - they have misinterpreted what you said
- Instructions are not followed correctly
- They suddenly "switch off" - this is because it takes an immense amount of concentration to understand you and their concentration has lapsed
- You notice that as you speak they are watching you lips closely - they may have had a hearing loss for so long they have taught themselves to lip read

Signs to look for if you think you have a hearing loss?

You can hear what's being said!

But you can't understand?

You can hear in a quiet place!

But when it's noisy you can't understand?

You can hear one-on-one!

But you can't hear in meetings & at parties?

You ask questions like:

- Why do people always mumble? If they'd speak clearly I'd understand!
- Why do they tell me to turn down the TV and Radio all the time?
- Why are my ears ringing?
- Why does one ear work better than the other?

These signals may indicate you have a hearing loss.

Get a hearing test.

HEARING ASSOCIATION NELSON

354 Trafalgar Square, Nelson 7010 Phone: 03 548 3270

Email: hearingnelson.team@xtra.co.nz Website: www.hearingnelson.co.nz